Comparative Evaluation of Stress Distribution in a Mandibular Implant Supported Overdenture with Different Mucosa Thickness using Two Attachment Systems- A Three Dimensional Finite Element Analysis

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Abstract:

Purpose: To analyze and compare the sress distribution pattern in an implant retained overdenture prosthesis using OT equator and ball attachments at two different collar height and varied mucosal thickness by using three dimensional finite element analysis(FEA), **Materials and methods:** Eight finite element models were modelled in an edentulous mandible with two bone level implants placed in the canine region and OT equator and ball attachments at heights 3mm and 4mm and mucosal thickness of 1.5mm and 3mm, were designed using ANSYS Workbench Software. Axial loads of 100(N) and oblique loads (100 N at 30 degree angle to the long axis of the implant were applied. Von Mises stress values were derived in MPa. **Results:** OT equator showed lower stress distribution values in all observed regions compared to the ball attachment. Increased in height and mucosal thickness resulted in increased stress values for both the attachment systems. Higher values were observed at the implant neck of all models, in comparison to body and apex. In the cortical bone when stresses were compared more variation was seen between ball and OT equator attachment on the left and right side under both loading conditions. **Conclusion:** Within the limitations of the study, OT equator attachment showed lesser stress distribution values in implant retained overdenture compared to ball attachment. The stresses developed within the supporting tissue increased, with the increase in height of attachment and mucosa thickness therefore, attachments should be of minimum height and wider diameter for more homogenous stress distribution

Key Words: Finite element analysis(FEA), ball attachment, OT equator attachment

Introduction

Edentulism is a condition that affects millions of people around the globe. Completely edentulous patients have difficulties using their conventional complete dentures due to

Volume 14 Number 02 June 2024

lack of retention, stability and support. In such situations, implant supported overdenture provides a new dimension for rehabilitation of edentulous patients in terms of esthetics, function and comfort.

According to McGill and York consensus on overdentures, two implant- retained overdenture should now be considered as minimum standard of care for edentulous mandible.The implant retained overdenture offers several advantages like preservation of the residual alveolar ridge, improved retention and stability, increased comfort, and improved masticatory efficiency. The overdenture prosthesis are easier to maintain and cost effective. Thus, they provide greater satisfaction and improved quality of life for the edentulous patients.

In case of implant supported overdentures implants are generally placed in or slightly medial to the canine area, using various types of attachments for retention. The amount of stress transferred to the supporting tissues determines the success or failure rate of an implant. Several studies have shown that the stress distribution is independent of whether two or more implants are placed. Stresses within an optimum range promote dynamic bone remodeling whereas excessive stresses beyond the optimum will lead to bone resorption. In implant supported overdentures, attachment system used for retention of the prosthesis is paramount factor that determines the stress distribution pattern in the bone, implant and prosthesis. Various attachment systems are available to be used width implant retained overdenture. Ball and socket attachments have been used due to their simple design and reduced cost. OT Equator System is a stud type of attachment with reduced height and is useful when the interocclusal space is compromised.

The height of the attachment is one of the many criteria that influence the selection of an attachment system. It plays an important role in the biomechanics at the implant prosthesis junctions due to lever arm mechanics. It also influences the thickness of the overlying denture base. If the space required for the denture base is inadequate fracture or deformation of the denture base may occur. Thickness of the mucosa also may influence the stress distribution pattern and the selection of the attachment height. Thicker mucosa may necessitate the use of an attachment with increased collar height and vice versa. There are different attachment heights available with various implant systems ranging from 0-6mm.

Although studies have evaluated the effect of increased restorative space, very few studies have compared the effect of different attachment collar heights and varied mucosal thickness on the stress distribution patterns in the mandibular implantretained overdenture.

Various methods like photoelastic stress analysis, two dimensional finite element analysis, mechanical stress analysis or strain gauge analysis are employed to analyse the stress, however all these methods have associated disadvantages. Finite element analysis (FEA)has several advantagesas it allows precise modelling of complex

Volume 14 Number 02 June 2024

geometries, ability to quantitively assess the internal state of stressand easy model simulation.

The purpose of this study is to analyze and compare the effect of different collar heights and mucosal thickness between ball and OT equator attachment system on the stress distribution patterns within the supporting bone and the connecting mechanisms in mandibular implant supported overdentures.

The null hypothesis, is that the stress distribution is not influenced by the type of attachment and mucosal thickness.

Methodology

Study Design: Finite Element Analysis

Materials used in the Study

- 1. CBCT scan of human edentulous mandible. (Department of Oral Medicine and Radiology AJIDS, Mangalore)
- 2. Implant component to be used is threaded, internal hex standard platform bone level implant (4.2x10mm, MIS Implant Technologies Limited, Shlomi, Israel)
- 3. Attachment systems
- a. Ball attachment

Standard collar height 3mm (MIS Implant Technologies Limited, Shlomi, Israel) Standard collar height 4mm (MIS Implant Technologies Limited, Shlomi, Israel)

b. OT equator attachment

Standard collar height 3mm (RHEIN 83, Bologna, Italy)

Standard collar height 4mm (RHEIN 83, Bologna, Italy)

- 4. Overdenture: Fabricated using Heat cure acrylic resin (Trevalon, Dentsply India Pvt Ltd, Gurgaon, Haryana, India), Teeth used: Cross linked acrylic teeth(Combination AcryRock, Ruthinium Dental Products, Gujarat, India)
- 5. 3D Modelling software

Softwares used in the Study-

- 6. 3D Generation- MIMICS 18.0 software (Materialize Interactive medical image control system software, Leuven, Belgium)
- 7. CATIA- V5 R19 software (Computer Aided 3D Interactive Application)
- 8. ANSYS workbench 19.0 (Analysis System)

Meshing

Geometric working models were then transferred to finite element mesh model using ANYSYS 19.0 software to generate finite element mesh.

Loading Conditions:

A compressive force of 100N was applied unilaterally in the central fossa region of the right first molar tooth in a vertical direction to analyse the stress distribution pattern. An oblique load of 100N was applied unilaterally at an angle of 30 degrees to the long axis of the implant in a bucco-lingual direction. The molar region was the point of load application.

Results

OT Equator attachments showed lower stress values when compared with the respective ball attachment models in the corresponding regions under similar loading conditions irrespective of the mucosal thickness and height of the attachment. Reduction in stress concentration between the models (OT Equator, 4mm height and 1.5mm mucosal thickness) and (ball , 4mm height and 1.5mm mucosal thickness) was most appreciable under vertical loading. Under non-axial loading conditions stress values were not substantially different.

von Mises stress (MPa) in FEA models of implant-retained over dentures with OT Equator attachment

vertical load oblique load

Table 7- Maximal principal stresses (MPa) **in FEA models of implant-retained overdentures with OT Equator attachment**

Table 8- von Mises stress (MPa) in FEA models of implant-retained overdentures with Ball attachment

Scope Volume 14 Number 02 June 2024

Table 9- Maximum stresses (MPa) in FEA models of implant-retained overdentures with Ball attachment

Discussion

For both Ball and OT Equator models, as the height increased the stress values also increased in all regions under both loading conditions. The null hypothesis was rejected, as the type and the height of the attachment system as well as mucosal thickness influenced the stress distribution patterns observed in the finite element models. The results of the study demonstrated that OT equator attachment exhibited lower stress values compared to ball attachment in all examined regions under both loading conditions.

The shorter height and wider diameter of equator attachment allows favourable stress distribution onto the implant and surrounding structures. In contrast, smaller ball diameter, acts as a point of stress concentration and transmits excessive stresses to the implant and peri implant bone. Since stresses increased with increase in height, any treatment plan should consider use of attachments with least permissible height.

Conclusion

Within the limitations of this study, the following conclusions were drawn:

- 1. Under vertical and oblique loading, all models showed greater stress concentration on the ipsilateral side of the load application.
- 2. Maximum stresses were seen on the implant neck under both loading conditions, as compared to the implant body and implant apex.
- 3. OT equator attachments exhibited lower and more homogenous stress distribution in the implant overdenture and supporting structures compared to ball attachments.
- 4. In both ball and OT equator attachments, an increase in height increased von Mises stress.
- 5. In both ball and OT equator attachments an increase in mucosal thickness increased von Mises stress.

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Volume 14 Number 02 June 2024

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3D Model of edentulous mandible

Fig 3: 3-D model of edentulous mandible with overdenture Fig 4: Complete **meshed models with overdenture**

 Fig 5: Application of vertical and oblique loading in the molar region

Scope Volume 14 Number 02 June 2024

Fig 6: von Mises stress seen in longitudinal cross section of the 3-D finite element model of the implant on the left side and right side implant using OT Equator attachment of 3mm height and 1.5mm mucosa thickness under oblique and vertical loading

Fig 7: von Mises stress seen in longitudinal cross section of the 3-D finite element model of the implant on the left side and right side implant using ball attachment of 3mm height and 1.5mm mucosa thickness under oblique and vertical loading

Fig 8: von Mises stress on peri implant bone as seen in frontal section of the 3-D finite element model of the implant retained overdenture complex using ball(top) and OT equator attachment(bottom) of 3mm height under vertical loading GRAPHS

Graph 1- Comparison of von Mises stress values in different regions of model AH3T1, AH4T1 under vertical loading

Graph-2- Comparison of von Mises stress values in different regions of model AH3T1, AH4T1 under oblique load

Graph 3- Comparison of von Mises stress values in different regions of model AH3T3, AH4T3 under oblique loading

Graph 4- Comparison of von Mises stress values in different regions of model AH3T3, AH4T3 under vertical load

Graph 5- Comparison of von Mises stress values in different regions of model BH3T1, BH4T1 under vertical load

Graph 6- Comparison of von Mises stress values in different regions of model BH3T1, BH4T1 under oblique loading

Graph 7- Comparison of von Mises stress values in different regions of model BH3T1, BH4T1 under oblique loading

Graph 8- Comparison of von Mises stress values in different regions of model BH3T3, BH4T3 under oblique load

Graph 9- Comparison of von Mises stress values in different regions of model AH3T1, BH3T1 under oblique load

Graph 10- Comparison of von Mises stress values in different regions of model AH3T1, BH3T1 under vertical load

Graph 11- Comparison of von Mises stress values in different regions of model AH4T1, BH4T1 under oblique load

Graph 12- Comparison of von Mises stress values in different regions of model AH4T1, BH4T1 under vertical load

Graph 13- Comparison of von Mises stress values in different regions of model AH3T3, BH3T3 under vertical load

Graph 14- Comparison of von Mises stress values in different regions of model AH3T3, BH3T3 under oblique load

Graph 15- Comparison of von Mises stress values in different regions of model AH3T1, BH3T1 under vertical load

Graph 16- Comparison of von Mises stress values in different regions of model AH4T3, BH4T3 under vertical load