

## The Impact of Arts Education on Student Learning

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**Abstract:** In ancient India “Gurukulam” a type of education system was comprised of self development, social awareness, integral personality development, preservation of knowledge and culture through various art activities such as music, dance, theatre, craft, painting and many more. Through art education mind is relaxed and engaged, it helps to navigate emotions, confidence, and develop creative minds. Involvement in art activities in a group improves cooperation and communication skills. NEP-2020 in India led strong emphasis on the incorporation of art education into the student learning process at every level of education. It signifies Art Education by stating “Art-Integration is across-curricular pedagogical approach that utilizes various aspects”. Learning Art not only impacts creativity but also improves learning in fields such as science, mathematics and in the field of literature. Students apply the art education learned in academics which improves their academic performance. This paper deals the impact of art education in development of student’s talent and creativity. It lays emphasis on the role of teachers in enhancing the teaching techniques through Arts Education. By different teaching concepts students can be exposed to achieve full potential in talent and creativity.

**Key Words:** Art Education, Impact, Student, Learning

Arts education has a significant positive impact on students' creativity levels. Previous studies have shown that learning arts through a suitable curriculum helps students build confidence, knowledge, and engage with others, leading to the development of their creativity. Creativity is widely recognized as being invaluable for human development and a crucial 21st century talent. Preparing students for an uncertain and complex world requires that higher education promote students' imagination, originality, curiosity, and flexibility and build their capacity to take risks to try new approaches to problem-posing and problem-solving. However, little is known about how undergraduates and graduates enrolled in different disciplines view creativity. [1] Research also indicates that integrating music, dance, and visual arts in education benefits children with disabilities, fostering

their learning and skill development. The unstoppable progress of technology affects all aspects of our lives, including education. Today, researchers are looking to include digital applications and virtual environments in education and instruction processes. [2] Moreover, fine arts education positively influences the psychological well-being of undergraduate students, with creativity and self-efficacy playing a moderating role. Art is a powerful medium for expressing human ideals, culture, emotions, and societal experiences [3]. Additionally, undergraduates in the arts perceive creativity more positively compared to those in science and engineering disciplines. Studies have shown that learning arts have a significant positive effect on student creativity through using a suitable curriculum. It has been found that arts have become an important and essential part of developing the creativity of students, as it helps the students to build their confidence and knowledge and to engage with other children. Moreover, it provides them with the necessary skills to develop their creativity through using curricula that were made specifically for teaching arts [4]. Furthermore, the use of mobile design applications in visual arts education positively affects secondary school students' creativity levels [5]. These findings highlight the importance of arts education in enhancing students' creativity and overall well-being.

Learning in the arts plays a significant role in shaping the social, emotional, cognitive and developmental well-being of children while fostering creative expression from primary to higher education. Research on special and inclusive education shows that children with disabilities are particularly responsive to the creative arts; integrating music, dance and visual arts enables their learning and skill development. It is imperative that the arts are accessible, participatory, and contextually relevant and inclusive of marginalized traditions. Nurturing discourses on the arts and aesthetic development creates a space for teachers and students to enhance the diversity of classroom experiences while exchanging genre-specific knowledge.[6]

Art education programs and techniques play a crucial role in nurturing students' creativity and talent by providing suitable curricula, teaching methods, and diverse experiences to help students reach their full artistic potential.[7]

Incorporating creativity in art education enhances students' academic performance by boosting confidence, knowledge, and engagement, fostering talent development, and refining teaching techniques for optimal creativity and talent growth.[8]

It is commonly accepted that using any kind of art in the classroom enhances students' attitudes toward the material and the educational experience as well as their creative abilities, critical thinking skills, and capacity for creative learning. Children who participate in the creative process are better able to understand the world around them via the use of shape, form, space, and movement. Additionally, it inspires creativity and fosters the thrill of unrestricted expression while stimulating one's intellect, psychology,

and imagination. It removes the fear of rejection, and promotes involvement, collaboration and sociability. When a person thinks outside the box, approaches new areas, and produces novel, exciting outcomes, that person is being creative. The person succeeds in overcoming the habits of habit, absolute logic, and societal pressures, as well as the fear of error and the insecurity of lack of aptitude. Divergent thinking suggests a mind that is active and capable of handling challenges. Therefore, the presence of creative people in contemporary cultures is seen as crucial and vital given the present economic, social, and political circumstances.

The generation of ideas is considered one of the most important elements, where brainstorming plays an important role, which is subjected to stringent evaluation process before being implemented. An encouragement and support from educators towards creative signs of students would help in the development of creativity. An awareness of creative and innovative process and an involvement in the solution of a creative problem may help students to develop creative and innovative talents. To promote creativity and innovation, areas e.g. projects, laboratory experiments, design of systems and components, where opportunities exist for the development of creativity.

Research on arts education and cognitive skills such as those used for mathematics and language have been unable to provide convincing evidence. However, previous research on arts education and the cognitive skill known as creativity – now believed to be akin to divergent thinking – is sparse and for the most part inconclusive.

### **Significance of the Performing Arts in Education**

Performing arts helps engage the mind, emotions, and body in ways that help people navigate real-life circumstances with empathy, understanding, emotional intelligence, and confidence, as well as interact with their many counterparts. As a result, students must be involved in the performing arts in higher studies to provide them with all of the important life skills. Students' creative abilities benefit greatly from exposure to the performing arts. Many educational theorists now prioritize the need for "emotional intelligence" and the development of "creative minds" for students' identities to be cultivated as they progress through school. In addition to fostering a student's creativity, the performing arts focus on teaching language and communication skills, enabling them to interact with others more successfully and confidently. In the performing arts, it's all about finding your voice, expressing yourself creatively, and celebrating your uniqueness. Because there are no right or incorrect responses, students can grow in their self-esteem and belief in their abilities. An easier path to acquiring additional life skills opened up for kids who have grown in their self-confidence and believe in themselves. Participation in the performing arts has also been linked to increased grades in more conventionally academic subjects. Students' cognitive

abilities can be enhanced via participation in performing arts. The performing arts play a crucial role in a student's education because they provide them the flexibility to pursue various interests. Music of the performing arts provides students a chance to perform in front of a large audience. The learning to negotiate the stage and cope with nervousness can be learned by shy students through the art world.

**Communication:** The ability to communicate is another important aspect of performing arts education for students' healthy development. The performing arts unite youngsters by arranging them into groups for varied activities. When you start teaching your student how to work as part of a team at a young age, they will be better prepared for their teenage years and adulthood. Students can learn one, two, or all of these abilities through the performing arts because communication can take many different forms. They are better at public speaking, interpreting body language, and modifying tone properly if they want to study drama. Students who prefer music can communicate nonverbally rather than rely on a comprehensive set of spoken communication abilities. As a result, the student's capacity to pick up on and understand nonverbal messages is enhanced. Cultural leadership abilities can be developed by an advanced listener, who can learn about other cultures. Emotional mastery can be learned or practiced by students as well. This creates a safe space where students may be themselves without fear of being ridiculed or judged. Anger, joy, and sorrow are all studied and comprehended, which gives students a solid foundation for applying what they've learned in the real world. When a student learns to control and express his or her emotions, he or she becomes more self-confident.

**Creativity:** Creative expression allows students to learn about the world uniquely. The students of higher education are frequently exposed to the value of art education through their class assignments and projects. They allow pupils to express themselves freely because there are so many ways to solve a problem. This broadens their perspective and sharpens their problem-solving abilities. An inventor's creation is built on a foundation of problem-solving skills. Students that want to learn on their own can benefit greatly from the arts, which is a subject that allows for self-improvement through self-study. They can be alone and free to experiment with their creativity in this space. By allowing their imaginations to flourish, they can cultivate and develop themselves. Creativity in the performing arts may enable youngsters who are more introverted to express themselves.

**Strengthen Interactions:** In the Performing Arts, students of all disciplines learn to work together, regardless of their chosen field. Music and drama students get the opportunity to rehearse together before a performance. Young people may one day

cooperate on plays, music videos, or even a band if they have access to technology. Studying the performing arts has also been related to a greater sense of well-being. Students who don't have a natural talent for sports may excel in the arts, where they may build lifelong friendships and networks. Students who want to learn on their own can benefit greatly from the arts, which is a subject that allows for self-improvement through self-study. By allowing their imaginations to flourish, they can cultivate and develop themselves. Creativity in the performing arts may enable youngsters who are more introverted to express themselves.

**Conclusion:**The performing arts are an important component of a liberal arts education. When students are given the confidence and communication skills necessary to excel in any employment path they select as adults, they are empowered to succeed in any endeavor they undertake. Students can experiment with a variety of ways to introduce performing arts into school curricula, whether as a stand-alone subject, a complement to English language and literacy teaching, or a cross-curricular medium to enhance other courses such as history or science and can experiment various ideas and points of view to gain a better knowledge. The most important benefit of performing arts is that it encourages students to be playful and creative.

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